



SAN JOAQUIN VALLEY PSYCHOLOGICAL ASSOCIATION

Newsletter

April 2011

PRESIDENT'S MESSAGE

President's Message

Dear members:

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As this year unfolds, your SJVPA Board and Committees are working on behalf of the membership in promoting psychology within the community and state.

Dr. Nancy Doi is well under way in arranging some exciting credited continuing education programs for the year. Of course, we have continuing education credits for our bimonthly general meeting presentations.

The SJVPA website has become much more informative and user-friendly under the able hand of Dr. Amanda Mortimer. We now have current information regarding upcoming events on the website, membership listings and the ability to join SJVPA through the website. Your utilization of the website, as well as suggestions for utility are most welcomed. Dr. Jaime Howard has been diligently addressing the need for current membership information and updating the website.

A major goal for this year is to expand and renew our membership roster. To this end, I will be making personal calls and sending personal e-mail communications to former and prospective members of our organization, encouraging their participation in our organization. I am asking each of you who are current members, to reach out to your colleagues, who have been and are not now, or who have not been members, and encourage them to become part of our professional community by participating in and taking advantage of the opportunities within our organization.

It is another exciting year for the rejuvenation and expansion of activities of SJVPA. Please contribute and participate so that we all may benefit from each other's experience and expertise and collegial relationships.

Errol F Leifer, PhD
President

CONTINUING EDUCATION

Continuing Education Report

We were privileged to have Dr. Ahles present upon Changes to the DSM-V with regard to Personality Disorders at our last General Meeting. It was informative and timely given the release of the new DSM next year.

Please join us on **May 9th** at the Daily Grill (Corner of Palm and Nees) for our next presentation by Lori Granger M.S. LMFT, examining Mindfulness as Intentional Mental Health. Lori Granger is the director of the Center for Mindfulness offering Mindfulness-Based Psychotherapy and workshops for mindful living including stress reduction. She is also an adjunct faculty at Fresno State and program director of Far Horizons Retreat Center in Kings Canyon National Park offering Mind/body/spirit retreats each summer.

The May 9th presentation will examine Mindfulness to help practitioners assist clients in the synchronization of mind and body and facilitate an attitude of awareness of self. Participants will learn to guide a sitting meditation for their clients to practice intentional and attending skills that may be enhanced through mindfulness. One hour of CE will be offered for \$7.00.

California Psychological Association maintains responsibility for this program and its content. The California Psychological Association is approved by the American Psychological Association to sponsor continuing education for psychologists.

Coming Events

We are also in the process of bringing Dr. Ronald Teague back for another of his Wonderful presentations coming up soon. Keep an eye out!

Thanks,

Nancy

COMMUNITY INTEREST SURVEY RESULTS

Thanks to everyone who contributed input regarding areas of interest for continuing education programs. The following table lists topic areas in order of interest. It was informative to know what subjects were of most interest to our members. As we move forward in our plans for presentations, this list will serve as a good reference. We are always looking to our members with particular areas of expertise to present and also welcome suggestions for possible presenters.

Personality Disorders	10
Relationships	7
Trauma/PTSD	7
Addictions	3
Grief/Loss	3
Parenting - Communications and Skills	3
Women's Issue	3
ADHD	2
Neuropsychological Assessment	2
Psychological Assessment	2
Suicidality	2
Social Responsibility	2
Adolescent Issues	1
Anger Management	1
Anxiety Disorders	1
Custody Mediation	1
Domestic Violence	1
Dreams	1
DSM V	1
Health Issues	1
Interdisciplinary Collaboration	1
Learning Disorder Assessment	1
Men's Issues	1
OCD	1
Practice Management	1
Sexual Abuse Survivors	1
Social Justice	1

ADVERTISEMENT

Office Space

1,000 square feet suite in Fig Garden Village area, 1445 West Shaw Avenue. One office available for rent. The whole office was recently remodeled. New paint, new carpet and new furnishings. Fully stocked play room, kitchen, business area and bathroom in the suite. Quiet, professional location at the southwest corner of Fruit and Shaw Avenues. Part-time or full-time options.

If interested, call Rob Taylor at 222-2568 or email at rctphd56@sbcglobal.net

MEMBERSHIP PAGE

Advertising Info:

Please send in advertisements, announcements, or articles of interest before the end of the preceding month to be included in the quarterly newsletter.

Send ad to marcellepratt@hotmail.com.

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The San Joaquin Valley Psychological Association (SJVPA) is a professional organization created by local Psychologists. It is a forum in which to discuss and present political, professional, and educational matters. SJVPA also has opportunities for professionals to earn continuing education units, an ethics board, and professional feedback opportunities. A disaster response team comprised of psychologists trained to respond to both natural and man-made disasters offers assistance to the community. SJVPA also recognizes and provides modest funds for worthy community services.