



# SAN JOAQUIN VALLEY PSYCHOLOGICAL ASSOCIATION

## Newsletter

### August 2010

#### PRESIDENT'S MESSAGE

### President's Message

The San Joaquin Valley Psychological Association continues to sponsor exciting local continuing education, and to provide psychologists a platform for psychological community building. Our recent bimonthly dinners have featured insights into Winnicott with Dr. Shelly Stokes, as well as an overview of the development of executive function by Dr. Errol Leifer.

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August 31st saw Ron Teague, Ph.D., ABPP, present his final day-long workshop in a three part series bringing together Jung's work in the Red Book with Eastern Philosophy, culminating in a seminar on how to apply these teachings within your own practice. Dr. Teague's insights really brought fresh insight into the clinical perspective. Eleven people attended the workshop, thereby greatly increasing our collective knowledge of integration of Eastern thinking and Jungian analysis. I'd also like to take a moment to thank Dr. Teague for his philanthropy, as well as his shared knowledge. He is deeply involved in a project reaching out to China, that sends students to share expertise and learn from others. Dr. Teague arranged these workshops with the explicit plan to donate his speaker's fees to further the non-profit project. He really is dedicated to psychology and psychotherapy making the world a better place.

Drs. Lynette Bassman and Mel Hamel have recently initiated a special interest group focused on spirituality. This is a very exciting development, as it shows SJVPA members recognizing professional needs that they have, and acting together to meet those needs and share their knowledge. I am very interested to hear what this group will have to report back to our larger membership!

We continue to work with the challenges presented by the new online world, and are adapting our approach to websites to figure out a way to increase our website functionality and ease of use. The improvements planned are requiring extensive research and thought from the Board, but we are making good strides on a plan that will result in a professional, website with a smooth access platform.

Most importantly, we psychologists are continuing to talk to one another, and to build community. I feel that this is the heart of our organization; SJVPA exists to create a professional space for psychologists to learn, to interact, and to share their knowledge and insights with one another. I am very excited about the work we are all doing, together, to increase our psychological community here in the San Joaquin Valley. Thank you for your involvement.

Amanda R. Mortimer, Ph.D.  
Current President  
San Joaquin Valley Psychological Association

**ANNOUNCEMENTS**

**A Personal Invitation to**

**JOIN ME**

**AND YOUR COLLEAGUES FOR**

**GOOD FOOD, GOOD COMPANY AND A  
THOUGHTFUL DISCUSSION ON OUR PROFESSION AND  
OURSELVES**

**AT THE SJVPA GENERAL MEETING  
MONDAY SEPTEMBER 13<sup>TH</sup> AT 6:30pm**

When I was asked to speak at this general meeting I considered many topics. I decided that it might be very cohesive for us to take some time for ourselves and discuss our own emotional journey as professional psychologists. My aim is to make it relevant to the scope of our membership - those at various stages in the profession and working in a variety of settings. Our topic will be:

**Negotiating the Complex Emotional Life Journey of being a  
Professional Psychologist  
(1 HOUR OF CONTINUING EDUCATION AVAILABLE  
@ \$7.00)**

**AND WE ARE TRYING  
A NEW VENUE**

**The Daily Grill 7855 N. Palm Ave  
(corner of Nees and Palm)**

Order off the menu so you can plan ahead - See attachment on email

**RSVP is recommended as there is only seating for 40 – simply reply  
to this email and its done.**

**Kathy Sullivan, Ph.D., ABPP  
Past President, SJVPA**

## CONTINUING EDUCATION

### Continuing Education Committee Report:

Once again, many thanks to Dr. Ronald Teague for his presentations on the Hidden Sources of C.G. Jung's Thought series. It really amazes me that we have such knowledgeable, learned presenters here in our own back yard! I can't sing the praises of Dr. Teague's presentation enough.

Our deep appreciation also goes out to Dr. Shelly Stokes who presented on Winnicott during our last general meeting. Thank you to all those who attended and participated as well, to help reinforce a sense of community and become a link in an ongoing chain of learning, analyzing and passing on of valuable knowledge. For those of you who have not had the experience, please consider attending one of these CE presentations to experience first hand our amazing presenters!

Our next presenter will be Dr. Kathy Sullivan at the next general meeting, September 13 at 6:30PM. **PLEASE NOTE: There will be a change of venue to the Daily Grill 7855 N. Palm Ave., Fresno, CA. 93711.**

Dr. Sullivan will be presenting on the Negotiation of the Complex Emotional Life Journey of Being a Professional Psychologist. This class will be more participatory in nature allowing psychologists the opportunity to learn from each other with regard to the various paths taken by professional psychologists, both experienced and new. Participants will be exposed to the concept of evaluating and exploring the realities of their internal and external world and choices. Evaluation and exploration then lead to coping, decision-making and negotiating the journey as a professional psychologist. Dr. Sullivan is the founder and Clinical Director of the Sullivan Center for Children. She holds a Diplomate from the American Board of Professional Psychology and is Board Certified in Clinical Child and Adolescent Psychology.

The California Psychological Association (CPA) is approved by the American Psychological Association (APA) to sponsor continuing education for psychologists. CPA maintains responsibility for this program and its content. 1 hour of credit will be offered with \$7.00 Continuing education fee payable at the door and with 60 minutes attendance time.

Dinner and beverages are on your own and may be ordered individually off of the menu. Preregistration is recommended as enrollment is limited to 40. Please e-mail Dr. Errol Leifer at [efleifer@comcast.net](mailto:efleifer@comcast.net)...See you there!

Nancy N. Doi, Psy.D.

## NOTES FROM CPA

This quick message is just to keep you up to date with what's happening at CPA that will be of interest to you! So "take 5" and catch up! Feel free to share this Member-Link with your colleagues--let them know what CPA is doing for psychology!

Our **CPA-sponsored "Helmet Bill", SB 880, passed through the Assembly Appropriations Committee this week!** With great bi-partisan support, the Bill now moves to the Assembly, and then to the Governor's desk. California State Senator and Psychologist Dr. Leland Yee is the author of the bill, which mandates the use of helmets in children under 18 who ski and snowboard. **This bill, which addresses a public health issue, would be the first of its kind in the country!**

**We need your help** to make sure this bill is signed by the Governor! We need a minimum of 500 letters to the Governor. Here's how **to help**. [Download the letter](#), sign it, and fax it to our office at 916-286-7971. That's it! Please help us make sure the Governor knows how psychologists feel about this public health issue in CA.

I have attached a copy of CPA's Press Release this week following the Court's ruling on Prop 8, for your information.

**The 2011 CPA Convention will be held on April 7-10, 2011 at the Hilton Mission Bay in San Diego! Mark Your Calendar, and [submit a proposal!](#)**

We have confirmed two dates for **APAIT Risk Management workshops for the fall so far. October 23rd will be in San Francisco, and September 11th will be in Sacramento. Others locations are being finalized** and will be announced soon. Registration is available on our website.

Your colleagues are taking advantage of our new member benefit--have you? CPA has partnered with TherapySites to make it easy for you to **have your own website!** CPA members get one month free! Be sure to use the promo code to get your free month! [Details here.](#)

Don't forget that all CPA members are entitled to [2 free CE credits](#) for each issue of the California Psychologist magazine. Read the articles and take a short online test. Don't miss out on this valuable benefit of CPA membership!

Stay in touch with social media! Join our [CPA Group on LinkedIn!](#) It's open to all California psychologists and psychology students, so spread the word.

Want to know what I'm tuning into? Follow me on Twitter at <http://twitter.com/jlccpa>.

Shop using the **Amazon** button on our homepage any time you order from Amazon (we know you do!). Every purchase you make generates a small contribution to CPA. Tell your family and friends, and help CPA. <http://www.cpapsych.org>  
Thanks for your membership in CPA! Have a great weekend!



Jo Linder-Crow, PhD  
Executive Director

## GOVERNMENT AFFAIRS

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## Press Release

**California Psychological Association Praises Court Decision Overturning Prop 8**

**Sacramento, CA, August 4, 2010:** The California Psychological Association hailed today's Court ruling overturning Proposition 8, the California ballot initiative that eliminated the right of same-sex couples to marry.

In 2008 the California Psychological Association joined the American Psychological Association, the American Psychiatric Association, and the National Association of Social Workers and its California chapter in filing an Amicus Brief with the California Supreme Court on the subject of same sex marriage. The Amicus Brief provided extensive psychological research on key points relevant to the issue, and this brief was the only brief cited (out of the 45 Amicus Briefs the Court received) in the Court's opinion issued on May 15, 2008 that struck down California's ban on same sex marriage.

CPA later opposed Proposition 8, and praised today's ruling as further recognition of the research demonstrating that same-sex couples are similar to heterosexual couples in essential ways and that they are as likely as opposite-sex couples to raise mentally healthy, well-adjusted children. Jo Linder-Crow, PhD, Executive Director, said that the Court's ruling "sends a strong and significant message about the harm that can result from discrimination and stigma associated with sexual identity."

*The California Psychological Association, an affiliate of the American Psychological Association, represents more than 4000 member psychologists in California and is the nation's largest state psychological association.*

## MEMBERSHIP PAGE

### Advertising Info:

Please send in advertisements, announcements, or articles of interest before the end of the preceding month to be included in the quarterly newsletter.

Send ad (preferably in digital format) to marcellepratt@hotmail.com.

### Board and Committee Members

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The San Joaquin Valley Psychological Association (SJVPA) is a professional organization created by local Psychologists. It is a forum in which to discuss and present political, professional, and educational matters. SJVPA also has opportunities for professionals to earn continuing education units, an ethics board, and professional feedback opportunities. A disaster response team comprised of psychologists trained to respond to both natural and man-made disasters offers assistance to the community. SJVPA also recognizes and provides modest funds for worthy community services.